

WHAT IS A PARISH MARRIAGE, FAMILY & LIFE (MFL) TEAM?

- ⇒ A Parish MFL team
 helps support and
 strengthen couples and
 families by offering
 programs and resources
 that foster an
 authentically Catholic
 vision of marriage, family,
 and the dignity of life at
 the Parish level, for the
 Parish Community.
- ⇒ A Parish MFL team works with the support and guidance of the Archdiocese of Saint Boniface Marriage, Family & Life Service, along with the Parish priest or Parish Life Director.

WHAT ARE SOME THINGS A PARISH MARRIAGE, FAMILY & LIFE TEAM CAN OFFER?

MARRIAGE

- Provide Marriage Preparation for engaged couples
- Facilitate or encourage participation in Marriage Retreats
- Offer couples' enrichment evenings/events
 - Table for Two (dinner and couples' facilitated discussions)
 - DVD series for couples (Theology of the Body, Beloved Series, etc)
- Host a World Marriage Day Celebration (Renewal of vows at Mass, couple's testimony)
- Host a speaker on a chosen topic (love languages, communication, forgiveness)
- Offer Marriage support and resources for couples

FAMILY

- Facilitate parish faith & fellowship events
- Host a speaker on a topic of interest (parenting, raising families in faith, prayer, teen/youth topics)
- Offer workshops and events to encourage and support parents and grandparents
- Share resources on Natural Family Planning, Fertility Awareness, and Catholic resources for infertility
- Host a Catholic Family
 Movie Night with fellowship and discussions
- Offer a family/community event (soup kitchen drive, BBQ, faith activities for Lent/Advent)
- Collaborate with other ministries for families/youth

LIFE

- Host a speaker on pro-life apologetics, end of life care, advance care directives
- Organize a baby clothing drive to support marginal families through the Family Support Centre of Winnipeg
- Plan/host an event for the National Family & Life Week
- Participate in annual events supporting life 100,000 flags, Walk for Life, 40 Days for Life, etc.
- Share end of life and palliative care resources such as *Horizons of Hope*.
- Promote Life Culture and other partner organization initiatives for life
- Share resources for Rachel's Vineyard (healing for men/women after abortion)



HOW CAN YOU FORM a MARRIAGE, FAMILY & LIFE TEAM IN YOUR PARISH?

If you are interested in creating a team in your parish, or if you have any questions, please contact:

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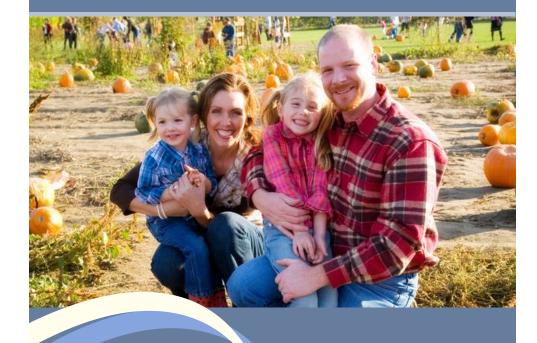
We are passionate about our ministry and are excited to help support your parish to form your own Marriage, Family & Life Team!

Archdiocese of Saint Boniface: Marriage, Family and Life Service

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PARISH Marriage, Family & Life TEAMS



Supporting Marriages
Nurturing Families
Upholding Life