

WHAT ARE SOME THINGS A PARISH MARRIAGE, FAMILY & LIFE TEAM CAN OFFER?

MARRIAGE

- Provide Marriage Preparation for engaged couples
- Facilitate or encourage participation in Marriage Retreats
- Offer couples' enrichment evenings/events
 - *Table for Two* (dinner and couples' facilitated discussions)
 - DVD series for couples (*Theology of the Body*, *Beloved Series*, etc)
- Host a World Marriage Day Celebration (Renewal of vows at Mass, couple's testimony)
- Host a speaker on a chosen topic (love languages, communication, forgiveness)
- Offer Marriage support and resources for couples

FAMILY

- Facilitate parish faith & fellowship events
- Host a speaker on a topic of interest (parenting, raising families in faith, prayer, teen/youth topics)
- Offer workshops and events to encourage and support parents and grandparents
- Share resources on Natural Family Planning, Fertility Awareness, and Catholic resources for infertility
- Host a Catholic Family Movie Night with fellowship and discussions
- Offer a family/community event (soup kitchen drive, BBQ, faith activities for Lent/Advent)
- Collaborate with other ministries for families/youth

LIFE

- Host a speaker on pro-life apologetics, end of life care, advance care directives
- Organize a baby clothing drive to support marginal families through the Family Support Centre of Winnipeg
- Plan/host an event for the National Family & Life Week
- Participate in annual events supporting life – 100,000 flags, Walk for Life, 40 Days for Life, etc.
- Share end of life and palliative care resources such as *Horizons of Hope*.
- Promote Life Culture and other partner organization initiatives for life
- Share resources for Rachel's Vineyard (healing for men/women after abortion)

WHAT IS A PARISH MARRIAGE, FAMILY & LIFE (MFL) TEAM?

- ⇒ A Parish MFL team helps support and strengthen couples and families by offering programs and resources that foster an authentically Catholic vision of marriage, family, and the dignity of life at the Parish level, for the Parish Community.
- ⇒ A Parish MFL team works with the support and guidance of the Archdiocese of Saint Boniface Office of Marriage, Family & Life, along with the Parish priest or Parish Life Director.



HOW CAN YOU FORM a
MARRIAGE, FAMILY & LIFE
TEAM IN YOUR PARISH?

If you are interested in creating a team in your parish, or if you have any questions, please contact:

Marriage Sector Coordinator:
(204) 594-0274
mfl@archsaintboniface.ca

Family & Life Sector Coordinator:
(204) 594-0295
mfl2@archsaintboniface.ca

We are passionate about our ministry and are excited to help support your parish to form your own Marriage, Family & Life Team!

**Archdiocese of Saint Boniface:
Office of Marriage, Family and Life**

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Archidiocèse de
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PARISH
Marriage, Family & Life
TEAMS



Supporting Marriages
Nurturing Families
Upholding Life



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